



Hebden Royd C of E Primary RSE Curriculum Map (Rolling Programme B)

Year Group	AUTUMN	SPRING	SUMMER			
EYFS	<i>It is expected that links to various aspects of all foundation subjects can be made and enhanced through all the ELG strands (communication & language; physical development; personal, social and emotional development; literacy, mathematics; understanding the world; expressive arts & design). However, the ELGs that most closely relate to knowledge & skills in PSHE are those in Personal, social and emotional development.</i>					
Year 1/2	FAMILIES & RELATIONSHIPS Introduction: Setting ground rules for RSE & PSHE lessons* Family Friendships Families are different Other people's Feelings Getting along with others	FAMILIES & RELATIONSHIPS Friendship Problems Gender Stereotypes HEALTH & WELLBEING Understanding my feelings* Relaxation – laughter and progressive muscle relaxation What am I like?	HEALTH & WELLBEING Ready for bed? Hand washing & Personal Hygiene Sun Safety Allergies People who help us stay healthy SAFETY AND THE CHANGING BODY Communicating with adults	SAFETY AND THE CHANGING BODY People who help to keep us safe in our local community Road safety Safety with medicines Making a call to the emergency services The difference between secrets and surprises	SAFETY AND THE CHANGING BODY Appropriate contact My private parts are private CITIZENSHIP Rules Similar, yet different Belonging Job roles in the community Our school Environment	CITIZENSHIP Our local environment ECONOMIC WELLBEING Money Needs & wants Looking after money Banks and building societies Jobs TRANSITION Transition lesson
Year 3/4	FAMILIES & RELATIONSHIPS Introductory lesson: Setting ground rules and signposting Friendship issues and bullying The effects of bullying and the responsibility of the bystander Stereotyping – gender Stereotyping – age/disability Healthy friendships - boundaries	FAMILIES & RELATIONSHIPS Learning who to trust Respecting differences Change & loss – bereavement HEALTH & WELLBEING My healthy diary Diet and dental health Relaxation – stretches	HEALTH & WELLBEING Wonderful me My superpowers Celebrating mistakes My happiness SAFETY & THE CHANGING BODY Be kind online Cyberbullying	SAFETY & THE CHANGING BODY Share aware Privacy and secrecy First aid: Bites and stings Alcohol & tobacco Year 3: First Aid: Emergencies & calling for help Year 4: Introducing Puberty	SAFETY & THE CHANGING BODY Year 3: Road safety Year 4: Growing up CITIZENSHIP Recycling / reusing Local community buildings and groups Local community and democracy Rules	CITIZENSHIP Rights of the child Human rights ECONOMIC WELLBEING Spending choices Budgeting Money & emotions Jobs and careers Jobs for me TRANSITION Coping strategies
Year 5/6	FAMILIES & RELATIONSHIPS Introductory lesson: Setting ground rules and signposting Build a friend – what makes a good friend Respect Respecting myself Marriage Bullying Stereotyping	FAMILIES & RELATIONSHIPS Challenging stereotypes HEALTH & WELLBEING Relaxation – Yoga The importance of rest Embracing failure Going for goals Taking responsibility for my feelings Healthy meals	HEALTH & WELLBEING Sun safety SAFETY & THE CHANGING BODY Online friendships Staying safe online First Aid: choking Alcohol	SAFETY & THE CHANGING BODY Drugs, alcohol and tobacco: influences YEAR 5: Puberty YEAR 6: Physical & emotional changes of puberty YEAR 5: Menstruation YEAR 6: Conception	SAFETY & THE CHANGING BODY YEAR 5: Emotional changes in puberty YEAR 6: Pregnancy and birth CITIZENSHIP Breaking the law Prejudice and discrimination Protecting the planet Contributing to the community Rights and responsibilities	CITIZENSHIP Parliament and democracy ECONOMIC WELLBEING Borrowing Income and expenditure Prioritising spending Risks with money Careers IDENTITY – YEAR 6 ONLY What is identity? Gender Identity Identity & body image TRANSITION Roles Responsibilities