



Hebden Royd C of E Primary Physical Education Curriculum Map

YEAR GROUP	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 1 & 2	Athletics agility, co-ordination, competition with self and others	Team games Dance - movement to music	Gymnastics - balance, co- ordination, jumping, routine	Invasion games - tactics, competition	Racket and ball Dance - co- ordination and routine	Summer games - agility, co- ordination, competition with self and others
Year 3 & 4	Athletics agility, co- ordination, competition with self and others	Team games Dance - movement to music	Gymnastics - balance, co- ordination, jumping, routine	Netball - tactics, competition	Tennis - power, direction, accuracy Dance - co- ordination and routine	Cricket / Rounders agility, co-ordination, competition
Year 5 & 6	Athletics agility, co- ordination, competition with self and others Cross country running	Netball / Hockey - teamwork, attacking and defending Dance - movement to music Cross country running	Gymnastics - flexibility, strength, technique, self- control, balance Cross country running	Netball - tactics, competition	Tennis - power, direction, accuracy, attacking, defending. Dance - co- ordination and routine	Cricket / Rounders agility, co-ordination, competition